



PARTNERS

First Step Recovery
 Nebraska Recovery Network
 BryanLGH
 Independence Center Alumni
 CenterPointe
 Cornhusker Place
 Fresh Start Home
 Summit Wellness
 Houses of Hope
 St. Monica's
 Partners in Recovery
 ANTLERS Center
 Touchstone
 New Way Home
 Lutheran Family Services
 The Healing Circle
 The Recovery Center
 Mad Dads
 Lancaster County
 Substance Abuse Action Committee
 Lincoln Council
 on Alcoholism & Drugs
 Consumer/Family Coalition
 Region V Behavioral Health
 Nebraska DHHS,
 Division of Behavioral Health
 District 6 Probation
 Lincoln VA SUPD Alumni
 NEBRASKA Counterdrug
 TASK FORCE

& others

JOIN US!

Community United for Recovery

**A partnership to encourage treatment
and aid continued recovery from addiction.**

OUR STORY...In March of 2008 a small group met to plan a benefit picnic to honor the memory of Misty Smith-Luebbert, (an addiction counselor at First Step Recovery & Wellness, who was struck and killed by an intoxicated driver), and to raise funds for the foundation that bears her name, and that is devoted to providing scholarships for those needing treatment for addiction to alcohol and other drugs in our community and region.

In short order, the small initial group quickly grew to include many addiction treatment providers, advocacy groups, government agencies and community volunteers, And the scope and size of the event grew from a picnic into a day-long **CELEBRATION of RECOVERY** in Antelope Park.

On Saturday, July 12th, 2008 the 1st Annual Misty Smith-Luebbert Benefit/Picnic was held in Antelope Park in Lincoln. Hundreds of people in recovery, their families and friends of recovery joined together to enjoy food, beverages and a myriad of activities, including:

- *8 hours of live music by recovering musicians and friends,
- *A Silent Auction including hundreds of items,
- *Children's and family activities,
- *Educational and networking opportunities.

With the help of dozens of volunteers, sponsors and donors, the initial event surpassed all expectations. Attendance was high, participation was excellent, the "fun factor" index was off the charts and thousands of dollars were raised for addiction treatment scholarships!

We are already planning the 2nd Annual Misty Smith-Luebbert Benefit/Picnic for July 18th, 2009 in Antelope Park.

We are seeking your assistance to insure that the 2009 event is even more successful. Your kind donation: (monetary, in-kind or of time) can make an impact in someone's life and create positive change. All proceeds go to Addiction Treatment and Recovery in our area.

*To learn more about addiction and addiction recovery
and how they effect you and your community:*

please read on.



**All proceeds from the Misty Smith-Luebbert Picnic/Benefit
aid Addiction Treatment and Recovery projects in our area.**

DATE / / 09

AUCTION #
BY (CUFR rep.):

VALUE \$

ITEM(S) DONATED

DONOR

Donor signature





ADDICTION & RECOVERY

Many people in Lancaster County and the surrounding area are unaware of the extent and the high cost of substance addiction or dependence to the entire community. What begins as abuse of alcohol and other drugs can lead many individuals into a life of chronic addiction. The disease of addiction affects not only the individual, but also their families, friends, workplace and the entire community. As the disease progresses, many lose family, relationships, health, employment and HOPE.

Substance addiction has been classified as a chronic disease and like other chronic illness (*i.e. diabetes, heart disease*) can be treated and managed. Health (Recovery) can be maintained throughout a lifetime if the individual follows a program of recovery and abstinence from alcohol and other drugs. Gambling addiction follows the same patterns and affected individuals can also find lasting recovery.

The cost of active addiction is high. It is not merely a "Health Care" or "Law Enforcement" issue. The hidden costs of substance abuse and addiction are significant and growing. The next panel illustrates:

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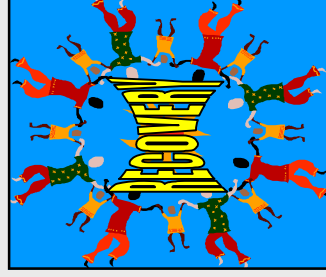
SOME ADDICTION COSTS

- ***INDIVIDUAL**-health, loss of self-esteem, family, employment, freedom and HOPE.
- ***CRIME**- addiction related crimes include: theft, robbery, prostitution, DUI, assault, child abuse and neglect, domestic abuse and property crimes. Police, Courts and Incarceration costs.
- ***HEALTH CARE**- indigent, uninsured patients, detoxification (protective custody), victim care and multiple medical problems.
- ***WORKPLACE**- impairment, accidents, injury compensation, non-productive workers, absenteeism, termination and unemployment costs.
- ***FAMILIES**- broken relationships, loss of wage earner, abuse, health costs, breakdown of family dynamics, public assistance dependence cycle.
- ***GOVERNMENT**- loss of taxpayers, payout of welfare benefits, additional programs, staffing.
- ***SOCIETY**- loss of loved ones and friends when it can be prevented is a high cost to all.

THERE IS

A SOLUTION!

Recovery from addiction to alcohol and other drugs is possible and real in our Community.



HOW CAN YOU HELP?

Data shows that addiction treatment is effective for many. Treatment, Continuum of Care practices and a program of recovery help a large number of affected people to regain their lives; physical health returns, families reunite, employment is obtained or reestablished, bills and taxes are paid, and the person rejoins the community.

SUPPORT ADDICTION TREATMENT & RECOVERY

Your help in insuring the success of the 2009 Misty Smith-Luebbert Benefit/Picnic is a great start. All profits go to aid those in need of addiction treatment and recovery. Your financial backing, donation of merchandise or services, or your valuable time, are all important to the project's outcome. **ALL DONORS ARE THANKED AND ACKNOWLEDGED IN OUR MARKETING MATERIALS.**

PLEASE JOIN US IN SHOWING THAT RECOVERY IS REAL!

COMMUNITY UNITED FOR RECOVERY

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