

Starfish Can Help



Our counselors are Otto B. Schultz, M.Div., and Duane “Duke” Engel, MA. Both are Licensed Alcohol and Drug Counselors with a combined *65 years experience*, including *coaching thousands of people in interventions*.

- Duke is also a Licensed Mental Health Practitioner and was the Director of the Independence Center for 6 years. He was Chairperson of the State Advisory Committee for Alcohol and Drugs in 1999 and was Nebraska Substance Abuse Provider of the Year in 1996.
- Otto was Director of Lancaster Substance Abuse Action Coalition for 3 years and was Outstanding Treatment Professional for Lancaster County in 2006. He has also developed innovative intervention programs for college students and faith congregations.

All conversations with us are strictly confidential. For more information, including a frank discussion of fees, please contact 402-421-3462, starfish@inebraska.com

STARFISH ENTERPRISES, LTD. **FAMILY INTERVENTION COUNSELING**

4626 Southwood Dr.
Lincoln, NE 68512-1351

Phone or Fax:
402-421-3462

Email:
starfish@inebraska.com

www.flashbrights.com

Family Intervention Counseling

Do You Think ...

*there's nothing
you can do?*



Starfish Enterprises, Ltd.
Family Intervention Counseling
www.flashbrights.com

Then Consider This... Starfish Can Help

Do You Think...

There's nothing you can do if alcohol or drugs are creating problems for someone in your family?

Then Consider This...

It's OK to feel overwhelmed or frustrated but you don't have to let those feelings control you. The experienced counselors at Starfish can help you overcome frustration and get into action.

Do You Think ...

You've already tried everything? Perhaps you've had long talks, gotten them out of trouble, called the police, or even sent them to treatment.

Then Consider This...

Our professional counselors can train you in powerful communication tools that make a difference. We can also help you identify the allies who can support you.

Do You Think...

You have to wait until that person "is ready" before you can act?



Then Consider This...

No matter how unready someone is to change, you can help that person get ready. You may have many options.

Do You Think...

Your only choice is to have a big scary intervention in the high drama style of a TV show, risking your entire relationship on one tense meeting?

Then Consider This...

Starfish can coach you in many kinds of intervention conversations.

Our Mission: Help families of substance abusers before the abuser is ready for treatment.

We can help you:

- Successfully face your unique challenges and opportunities
- Develop your own action plan
- Use the smartest tools available to care for a person who is not ready for change
- Get into action with one or two sessions
- Work with substance abuse agencies to get that person into treatment

The interventions we teach are often gentle, always respectful and thoroughly prepared.

